Hangin' Tough

Gavenda.

day in and day out can ery year. be very tiring. Many

Morning practices, people don't know how practices late at night, much time and effort athand lots of running. This letes put into a sport. isn't anything new for Sometimes you're re-AHS athletes. The warded with individual sound of balls bounc- honors like making the ing, pads crunching, All-League team and weights clanging, and sometimes you're honbats cracking, and ored with team honors coaches screaming can like a league or district be heard through championship. Some-Ashley's sport practices times the only thing you all year round. "It's get is the important lifesometimes tough, but lessons sports teaches in the end I think it's you, like hardwork, dedioverall rewarding," cation, and teamwork. commented Kevin All the hours of practicing do pay off; Ashley Athletes go through a always seems to be able lot of hard work during to hang another league the season. Practices or district title banner ev-

Jason Saylor



WE DID IT . . . Kristen Fabus and Cody Osborn celebrate with a hug after winning districts. It was the first volleyball district Ashley has ever won.

I'M COMING . . . Doug Turner runs in to assist Dave Polash on the tackle against the MPSH ball carrier. Despite Dave and Doug's efforts, the football team fell, 28-



